


ROPER, LOGAN & TIERNEY (1976): "Nursing is helping a person towards his personal independent pole of the continuum of each activity of daily living (ADL); helping to remain there, helping to cope with any movement towards the dependant pole or poles; in some instances encouraging to move towards the dependant pole or poles because man is finite, helping him to die with dignity."

Poles of mobility  90

ANA: Nursing is the protection, and optimization of health and abilities, prevention of the illness and injury, alleviation of suffering through the diagnosis and treatment of the human response, and the advocacy in the case of individuals, families, communities and populations.

RCN: The use of clinical judgement in the provision of care to enable people to improve, maintain, or recover health, to cope with health problems, and to achieve the best possible quality of life, whatever their disease or disability, until death.